



Selection Policy and Strategy

England Team

COMMONWEALTH ROWING CHAMPIONSHIPS

Welland, Ontario, Canada 31 July – 1 August 2010

1. Objective

The objective of this policy is

- To select individuals who can perform with distinction in sculling as over half of the 2000m races are in sculling boats. In addition selected rowers must also be able to perform to a good standard in sweep boats, thus be able to contend for a medal in all appropriate events as part of the England Team
- To provide a development pathway for young seniors aspiring to international competition.
- To place England in the top four nations in the medal table.

2. The event

Maximum Team Size: Eight (8) Rowers

Team Requirements:

- Half of the team must be male and the other half must be female
- Two (2) males and (2) females on each team must be lightweights

Men's Categories:

- Lightweight: 1x, 2x, 2-
- Heavyweight: 1x, 2x, 2-, 4-

Women's Categories:

- Lightweight: 1x, 2x, 2-
- Heavyweight: 1x, 2x, 2-, 4-

Plus Mixed 8+ Exhibition Race(s)

3. Standard

3.1 To be selected an individual must: -

- a) Demonstrate medal winning sculling ability in both 1x and 2x (priority)
- b) Have a realistic chance of winning a medal in sweep boats

- c) Demonstrate their ability to combine effectively into mixed crews for the large boat classes
- 3.2 The selection standard will be based upon the GBRT Gold Medal Senior times.

4. Eligibility

4.1 The rules are found in Articles 24, 25 and 26 of the Commonwealth Games Federation's Constitution. These are printed on the reverse of the Rower Registration Form.

a) General Rule

Competitors must be citizens or subjects of a Commonwealth country and may represent: -

- i) The Commonwealth country of birth; OR
- ii) The Commonwealth country in which he/she has resided for a minimum of three years during the five years prior to the event.

b) British Isles

Special rules apply to the British Isles. Competitors born in the British Isles and who have resided there for a minimum of six months in the twelve months prior to the Games may represent: -

- i) The Commonwealth country of birth; OR
- ii) The Commonwealth country of birth of his/her father or mother (as long as that country is within the British Isles); OR
- iii) The Commonwealth country of residence.

c) Representing Different Countries

A competitor may represent a different country at subsequent Games with the approval of the Commonwealth Games Federation and the permission of the Commonwealth Games Associations of the two countries concerned.

4.2 All athletes must comply with the World Anti-Doping Agency standards, policies and procedures. Competitors will be subject to random Anti-Doping test at the 2010 Commonwealth Rowing Championships

4.3 Due to practical reasons a rower will not be selected to race at the Commonwealth Rowing Championships as well as any of the events below:

- World Rowing U23 Championships 2010
- FISU World University Rowing Championships 2010
- Senior World Rowing Championships 2010

5. Process

- 5.1 The selector for the event will be Peter Sheppard who is accountable to the British Rowing International Manager.
- 5.2 Rowers wishing to be considered for the England Team should register themselves using the attached form, which should be returned to Jo Bates at the GB Rowing Team office by 1 May 2010. Late registrations will only be accepted exceptionally and at British Rowing's discretion.
- 5.3 All rowers seeking selection will be required to race at the Metropolitan Regatta in Elite 1xs (M, W, LM, LW) on Sunday 6th June 2010.
- 5.4 Following the Metropolitan Regatta a maximum of 6 single scullers in each discipline M, W, LM, LW will be invited to participate in a 2x matrix at Caversham on Tuesday 8th June pm. This will be compulsory for those invited.
- 5.5 Priority in the final team line up will be decided on a combination of 1x sculling speed along with 2x sculling performances. Proficiency in sweep will be necessary and therefore taken into consideration, as will performances at GB Rowing Team Assessments this season and the balance of bow/strokesiders.
- 5.6 Coaches who wish to be included in the identification and preparation of the Commonwealth Rowing Championships team are invited to nominate themselves by 1 May 2010 on the attached form.

6 Schedule of Events:

Saturday 31 July

Time	Event	Distance (m)
7:30 - 9:00	Heats as Required	
10:00	LW1x	2000
10:10	LM1x	2000
10:20	W2-	2000
10:30	M2-	2000
11:00	LW2x	2000
11:10	LM2x	2000
11:20	W1x	2000
11:30	M1x	2000
15:00	LW2-	500
15:10	LM2-	500
15:20	W2x	500
15:30	M2x	500

Sunday 1 August

Time	Event	Distance (m)
7:30 - 9:00	Heats as Required	
10:00	LW2-	2000
10:10	LM2-	2000
10:20	W2x	2000
10:30	M2x	2000
11:30	W4-	2000
11:45	M4-	2000
14:30	LW1x	500
14:35	LM1x	500
14:40	W1x	500
14:45	M1x	500
16:00	Mixed 8+ Exhibition	1000

7 **Funding**

Selected rowers will be required to pay for their own costs including flight and accommodation – a guide figure is £1000 - £1100 at this stage which will be confirmed at a later date.

There may be the opportunity to extend the racing opportunities by entering Canadian Henley Regatta which takes place from 3rd – 8th August 2010.

David Tanner
International Manager