

# FOUR NATIONS SERIES



BRITISH ROWING

Swift Racing

SCOTTISH ROWING

WELSH ROWING

## English Coastal Championships, Whitby (20 April 2025)

### Coastal Women's Doubles

Esme Pugh, Emma Nicholson	Hexham RC	24:40:00 J18
Martha Anderson, Seren Williams	Tees RC	27:07:00 J18
Julie Morley, Nicola Douglass	Whitby CRC	27:11:00 Masters
Liz Beswick, Heather Welch	Coastal Rowing Academy	28:57:00 Masters
Rowena Atkins, Jo Price	Coastal Rowing Academy	29:13:00 Masters

### Coastal Men's Solo

Marc Wilson	Whitby CRC	25:00:00 Open
Edwin Van Lopik	Bradford Grammar School	25:22:00 J18
Tom Brown	Whitby CRC	25:25:00 Open
Ashley Cowley	Newark RC	27:06:00 Open
Zack Hills	Tynemouth RC	27:24:00 J18
James Kendrew	Whitby CRC	27:34:00 Open
Leo Makinson-Gurr	Bradford Grammar School	27:53:00 J18
Harry Morley	Whitby CRC	31:21:00 J18
Henry Barker	St Hild & St Bede College	31:59:00 Open

### Women's J18 Solo

Emma Nicholson	Hexham RC	32:12:00
Emily Lunt	Hexham RC	32:44:00
Sefi Ormston	Whitby CRC	33:34:00
Esme Pugh	Hexham RC	DNF

## Coastal Mixed Doubles

Hal Flowerdew, Mckenna Simpson	Tynemouth RC	25:41:00
Ashley Cowley, Kate Cawley	Newark RC	31:14:00
Sefi Ormston, Zack Hills	Whitby CRC/Tynemouth RC	31:16:00
Michaela Fulton, Tom Brown	Whitby CRC	33:16:00
Harry Morley, Seren Williams	Whitby CRC/Tees RC	33:26:00
Lauren Foster, Tom Vale	Bradford Grammar School	DNF

### **CO2x, CO4x+, CW4x+**

DNS due to weather